

— CROSSING THE FINISH LINE —

Senior Sprint Package

The Senior Sprint is a focused four-meeting package for seniors who are feeling behind or overwhelmed by upcoming applications. We help your student prioritize deadlines, complete the key parts of the Common App, and draft their essays in their own voice, so they can submit with confidence.

meeting 1

60 MINUTES | FAMILY

game plan

- Review the college list and confirm schools so the workload is realistic and the list is balanced
- Map every deadline (ED/EA/RD, FAFSA/CSS) onto a shared calendar
- Decide which applications come first and which can wait
- Identify what's already done and what's been quietly avoided
- Set up the shared dashboard and calendar so everyone sees the same picture

GOAL: TURN "I'M OVERWHELMED" INTO A CLEAR, ORDERED PLAN

meeting 2

60 MINUTES | STUDENT

common app

- Walk through the Common App sections, including Activities & Experiences (150-character entries, most meaningful first)
- Testing decisions, school by school, under test-optional policies
- Recommendation letters and transcript requests: who's been asked, who needs a nudge
- Draft the activities list in the builder tool
- Review need for additional information or responsibilities and circumstances

GOAL: GET THE PIECES NEEDED FOR ALL APPLICATIONS DONE

meeting 3

60 MINUTES | STUDENT

essay

- Confirm selection for personal statement topic
- Review first draft of personal statement. If student has not started, create first working outline for personal statement.
- Review "Why This College" and up to three supplemental essays*, considering what can be used in multiple applications.
- Reinforce the ethics agreement: the student writes it, in their own voice, with no AI drafting.

GOAL: FINALIZE ESSAY PLANS TO HELP STUDENT SHINE

meeting 4

60 MINUTES | FAMILY

polish & submit

- Final feedback on the personal statement draft and supplemental essays (limit to three).
- Application-by-application status check against the calendar
- Final checklist for each submission: forms, scores, letters, fees
- Financial aid check: FAFSA, CSS Profile if needed, and scholarship deadlines
- Plan for what happens after submitting

GOAL: FINISH STRONG AND CONFIRM NOTHING IS MISSING



CLEAR PLAN

Get back to being their parent and let us be the project manager



SUPPORT

One-on-one guidance, answers, and encouragement



TIMELINE

Six weeks, four focused meetings, 60 minutes each



VALUE

\$500 per student, purchase additional hours if needed*



DASHBOARD

Shared dashboard to keep track of to-dos, requirements, and timeline